**GRADING PHASE ONE TIMING RULES**

* The games shall be played in Grading Phase One with the following timing to apply:
* The games shall be played in 4 X 10 minute quarters.
* The clock shall stop for all time-outs throughout the game and for every whistle in the last one minute of the second quarter and the last three minutes of the 4th quarter.
* Half time interval shall not exceed two (2) minutes, quarter times shall not exceed 1 minute.
* Each team is entitled to Two (2) time outs per half.

All **Pool One and Two** games in **Under 14, 16 and 18 and All Under 20 grades** The shot clock will be in operation. All **Pool Three** and **Four** games in **Under 16.** The shot clock will be in operation where available All **Pool Three**, **Four and Five** games in **Under 18.** The shot clock will be in operation where available

**\*\* NO DRAWS ALLOWED FOR CROSSOVER GAMES on Friday 8th December 2023**

\*\*FOR THOSE GAMES ONLY –

After a one minute break an extra three(3) minutes will be played.
All fouls stand. One (1) time out for each team is allowed per overtime. Any subsequent extra periods will follow the same rule to achieve a result.

**At no stage is a “Zone” defence permitted during an Under 12 or Under 14 VJBL Game**.